



Child and Family Friendly PSHE Policy

What do we learn in Personal, Social and Health Education (PSHE)?



Healthy Lifestyles – mental and physical health



Friendships



What makes me special?



My goals and dreams for the future



Celebrating our differences



Growing and changing

When do we do it?



We do PSHE once a week in the same afternoon slot. Your teacher will usually do your PSHE lessons.

How is my learning planned?



We will use our fantastic learning platform *Jigsaw* to make sure lessons are fun and interesting.



You will have a class jigsaw piece with its own name and a PSHE learning journal to do all your work in.



My teacher will use circle time, assemblies, special projects, role play, worksheets and external visitors to help me learn.

MindMate 

We will also use our half-termly MindMate lessons to support our learning on mental well-being.

How will I know I'm doing well?



My teacher will mark my yellow PSHE journal. They will also tell me how I'm doing in the lesson and help me to improve my work. I will also assess my learning each lesson using the colouring self-assessment sheet.

I need to put in my full effort and act on my teacher's feedback to be the best I can be!

What if I have any questions?



You, or your adults at home, can ask to speak to Miss Woolnough in school.