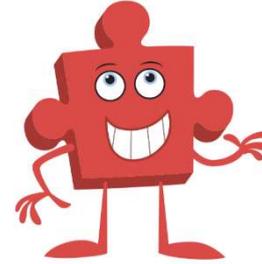


PSHE

New Bewerley Community School



PSHE Intent

At New Bewerley Community School we develop our children to become well-rounded, open-minded and caring citizens that contribute positively to society. Through our key themes of Include, Create and Perform, PSHE at New Bewerley Community School consists of a progressive delivery of key skills in areas ranging from self-confidence and self-awareness in Reception to keeping safe and managing risk in Year 6.

We have chosen the Jigsaw scheme of work for 3-11 year olds as the curriculum will enable all children to learn to navigate their world and to develop positive relationships with themselves and others. It also provides opportunity for children to focus on their emotional literacy skills, build resilience and nurture their mental and physical health. Children will also practise mindfulness, allowing them to advance their emotional awareness, concentration and focus. Through this progressive, spiral and age-appropriate approach we will ensure children are prepared for each stage of their education, including secondary school, and they will learn and practise skills that they can use throughout their whole lives in future friendships and relationships, careers and hobbies.

Throughout our curriculum, school environment and school ethos we aim to:

- Reduce stigma attached to health issues, in particular those to do with mental wellbeing.
- Promote pupils' self-esteem and emotional wellbeing, helping them to form positive relationships based on a respect for themselves and others.
- Promote the spiritual, moral, cultural, mental and physical development and wellbeing of pupils in school and in society.
- Prepare pupils for the opportunities, responsibilities and experiences of life; including work.
- Develop key concepts, skills, strategies and understanding that enable pupils to make positive lifestyle choices and take responsibilities for their own actions now and in their future.
- Identify and support vulnerable and SEND pupils and promote safeguarding.
- To promote pupils' self-control and ability to self-regulate, and strategies for doing so.
- To teach children the fundamental building blocks and characteristics of positive relationships.



PSHE Implementation

The New Bewerley Community School PSHE curriculum follows the Jigsaw PSHE scheme to support knowledge, skills and understanding and to ensure coverage of the statutory guidance. Differentiated year group objectives are taught through weekly discrete sessions and, where appropriate, the wider curriculum.

Jigsaw covers all areas of PSHE for the primary phase including statutory Relationships and Health Education. The table below gives the learning theme of each of the six Puzzles (units) and these are taught across the school; the learning deepens and broadens every year.

Autumn 1: Being Me in My World

Includes understanding my own identity and how I fit well in the class, school and global community.

Autumn 2: Celebrating Difference

Includes anti-bullying (cyber and homophobic bullying included) and understanding

Spring 1: Dreams and Goals

Includes goal-setting, aspirations, who do I want to become and what would I like to do for work and to contribute to society

Spring 2: Relationships

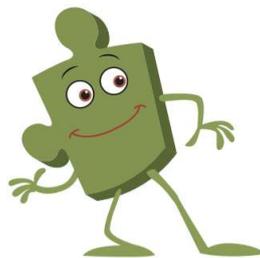
Includes understanding friendship, family and other relationships, conflict resolution and communication skills, online safety, bereavement and loss

Summer 1: Changing Me

Coping positively with change and transitions, including health and sex education

Summer 2: Healthy Me

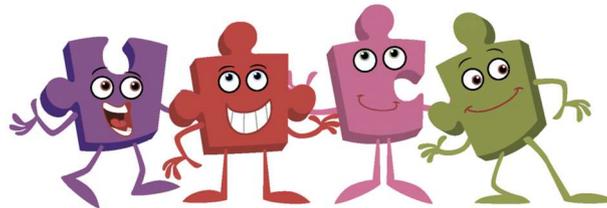
Includes drugs and alcohol education, self-esteem and confidence as well as healthy lifestyle choices, sleep, nutrition, rest and exercise



Teaching and learning

- We allocate curriculum time to PSHE through set times on class timetables. All explicit teaching of PSHE should happen during these times and follows the plan set out in the Jigsaw scheme of work.
- All teachers will provide a safe and supportive learning environment where children can develop the confidence to ask questions, challenge and contribute from their own experience, views and opinions.
- The class charter will be made in consultation with the children and reinforced in each lesson, in each year group.

- Where information is provided it is realistic, current and relevant. Learning takes a positive approach which does not attempt to shock or guilt but focuses on what pupils can do to be healthy, enjoy and achieve, make a positive contribution and achieve economic wellbeing.
- The programme will be taught through a range of teaching methods including role play, scenarios, stories, video clips, visitors, partner and whole class discussion and worksheets.
- Visiting speakers such as the NSPCC and health workers also contribute to the curriculum.
- Children will take part in weekly mindfulness as part of their PSHE lessons.
- Each new topic within the scheme will be 'launched' in assembly and will be followed by every year group at the same time.
- SEND and vulnerable children are identified before the teaching of any new topic. Teaching should take into account the differences and the potential for discussion on a one-to-one basis or in small groups.



PSHE Impact

Staff receive regular, bespoke training which means a consistent teaching and learning approach is evident throughout school. It also provides staff with the confidence and expertise required to teach PSHE

Classrooms reflect the Jigsaw scheme and children can talk about PSHE and Mindfulness.

Pupil voice and staff questionnaires are conducted termly to assess the impact of teaching and plan effectively for next steps.

PSHE journals are regularly monitored by the PSHE lead. Work shows children are all making progress from their starting points.